

College Readiness Group

For High School Juniors & Seniors

S o p h i a K . H a v a s y , P h . D .

Follow her blog on *Complicated Launchings* at
www.drhavasy.com

Time: One hour each week
Thursdays 5:00PM—6:00PM
TBA—Summer sessions

Topics: Strengths & weaknesses
Self-awareness/Risk-awareness
Stress management
Time management
Goals/motivations
Expectations
Social scene

Cost consists of one package fee of \$400 and includes:

- 5 group sessions

*Parents and students to attend the
first session together

drhavasy@tarnowcenter.com

Call the Center to reserve a space

713-621-9515

Tarnow Center

1001 West Loop South, #215

Houston, TX 77027

Students new to the Tarnow Center need to meet with Dr. Havasy for an Initial Evaluation prior to the group. The cost is \$205.

Tarnow
CENTER
for Self-Management®